

## WINTER 2017 - Week 1

**W/C 30/10/17, 13/11/17, 27/11/17, 11/12/17, 1/1/18, 15/1/18, 29/1/18, 19/2/18, 5/3/18, 19/3/18**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MEAT FREE MONDAY Pasta spirals ✓ with a choice of Tomato & Basil sauce Or Grated cheese #	Homemade Minced Beef Chilli Con Carne	Local Butchers Large Pork Sausage ✓ With Yorkshire Pudding ✓ & Gravy #	Chicken & Vegetable casserole	Birdseye Omega 3 Chunky Fish Finger ✓ & Ketchup
As above	Quorn * mince Chilli con Carne	Linda McCartney Vegetarian sausage ✓ with Yorkshire Pudding ✓ * # & Gravy #	Quorn * & Vegetable casserole #	Vegetarian Sausage Roll ✓
Garlic Bread ✓ # Salad Bar	Sweetcorn Salad Bar	Roast Potatoes Fresh Sliced Carrots Green Beans	Mashed Potato Garden peas Crusty Bread #	Chips Baked Beans Salad Bar
Fruit Salad & Cream #	Fruity Flapjack ✓	Frozen Fruit Smoothie	Homemade Rice Pudding # & Jam (optional)	Strawberry Angel Delight #
Muller Fruit Corner Yoghurt # Or	Muller Fruit Corner Yoghurt # Or	Muller Fruit Corner Yoghurt # Or	Muller Fruit Corner Yoghurt # Or	Muller Fruit Corner Yoghurt # Or
Selection of Fresh Fruit	Selection of Fresh Fruit	Selection of Fresh Fruit	Selection of Fresh Fruit	Selection of Fresh Fruit

**Fresh Bread and Cold Milk available everyday**

**Item contains Gluten ✓ Milk # Egg \***

## WINTER 2017 - Week 2

**W/C 6/11/17, 20/11/17, 4/12/17, 18/12/17, 8/1/18, 22/1/18, 5/2/18, 26/2/18, 12/3/18, 26/3/18**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
100% Chicken Breast chunks in batter ✓ Served with a Curry Sauce (Optional)	Homemade Pizza Slice ✓ Choice of Cheese & Tomato # Or Pepperoni	Jacket Potato Served with a choice of Cheese Baked Beans Tuna Mayo *	Local Butchers Mince Beef Bolognese	Wicks Manor Pork & Apple Burger In a bun ✓ & Ketchup
Quorn Fillet * served with a Curry Sauce (Optional)	Homemade Pizza Slice ✓ Cheese & Tomato #	As above	Quorn Bolognese *	Spicy Bean Burger ✓ & Ketchup
Basmati Rice Garden Peas Salad Bar	Garlic Bread ✓ # Salad Bar Pasta ✓	Salad Bar	White & Whole wheat Pasta Spirals ✓ Sweetcorn Salad Bar	Chips Salad Bar
Apple Sponge Cake ✓ * & Custard #	Vanilla Ice Cream Tub #	Strawberry Jelly & Cream #	Warm Chocolate Brownie ✓ *	100% Fruit Apple & Raspberry Ice Lolly
Muller Fruit Corner Yoghurt # Or	Muller Fruit Corner Yoghurt # Or	Muller Fruit Corner Yoghurt # Or	Muller Fruit Corner Yoghurt # Or	Muller Fruit Corner Yoghurt # Or
Selection of Fresh Fruit	Selection of Fresh Fruit	Selection of Fresh Fruit	Selection of Fresh Fruit	Selection of Fresh Fruit

**Fresh Bread and Cold Milk available everyday**

**Item contains Gluten ✓ Milk # Egg \***